

Tri-Star Gymnastics – Proper Attire

For health reasons, **FOOT COVERING IS MANDATORY**. athletic socks or gymnastics shoes are required. Ballet shoes or tights **MAY NOT BE WORN**. Hair (girls or boys) **MUST** be pulled up and secured out of eyes; no hair ornaments. NO watches, bracelets, necklaces, rings or large earrings may be worn in class. **GIRLS:** A **one-piece leotard must** be worn but may have gym shorts or gym pants with a T-shirt **for covering**. **BOYS:** T-shirt long enough to stay tucked into gym shorts or sweat pants. No belts, buckles, jeans, zippers, etc.

IMPORTANT POLICY/RULES INFORMATION

- + Tri-Star Gymnastics assumes that any parent/guardian whose child participates in sports activities has taken steps to assure there is medical or accident insurance to cover potential injury to the child. **NO** child may participate without proof of primary health/accident insurance coverage. **A current waiver must be signed each year in the FALL.**
- + Students **WILL NOT BE ADMITTED TO CLASS IF THEY ARRIVE AFTER THEIR CLASS WARM-UPS ARE COMPLETED**, or if they are not properly dressed for safe participation.
- + After their first class, all students must be able to enter class without a parent or guardian accompanying them.
- + Refunds will be given **ONLY IF REQUESTED IN WRITING PRIOR TO THE SECOND CLASS**. The cost of the first class along with the registration fee will be deducted from the refund.
- + There is **NO** fee credit for missed classes during the school year except for a class cancelled by Tri-Star. **Make-ups will be scheduled only during the current session if an appropriate class level is available. You MUST call to schedule a make-up. No more than 3 make-ups will be allowed per session**
- + There is a **\$20** service charge for each returned check. The check amount as well as service charge must be paid in cash.
- + When children are dismissed from class, they must remain inside the building until they are picked up. Children may not run up and down the sidewalks before or after class.
- + Parents & guests are not allowed on any equipment, nor are they allowed to coach their children from the sidelines during class. **When using the washrooms you must use the designated walk-way. No one is allowed to walk under the bars.**
- + Children will be dropped from a class if their behavior interferes with safety or is chronically disruptive. Coaches may recommend that your child be moved to a more appropriate class level if needed.
- + Siblings are not to be left on the premises unattended, nor are they allowed to use **ANY** equipment (i.e. gym apparatus) or telephone without permission and adult supervision.
- + As much as we try, we are unable to guarantee safety of all our students' personal possessions. We will not be held responsible for lost or stolen items from your child's cubbie. Please do not send your children to class with money, valuable jewelry or any other treasured item.
- + **TSG is a smoke free and alcohol free environment. Please do not allow children to eat at the bleachers or walking to and from the washrooms.** Feel free to use the table and chairs we provide for this use.
- + Of course we understand that *occasionally* children are picked up late due to unforeseen circumstances. If your child is regularly picked up late, or dropped off more than 15 minutes prior to class starting, you will be billed for babysitting services after a 10 minute grace period (**\$1 per minute**).
- + Parents may NOT speak to their child's coaches during the regularly scheduled classes. You may telephone the gym, leave a message and the coach will phone you back.
- + Photographs are taken of classes & participants and will be used in our Yearbook. Permission will be sought to include your child's picture on our web-site.
- + **Please save this information where it will be readily available for recall.**